



puddings and Cheese Sauces

Lucky Leaf® Pudding and Cheese Sauce items provide you with ready-to-use ease, variety and quality that is second to none. Our

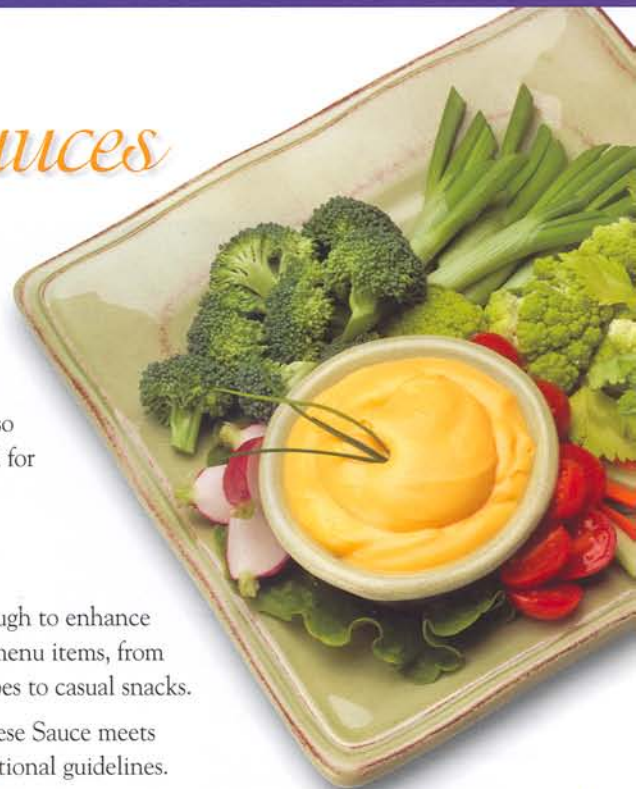


nine pudding flavors all start with real milk and are blended with only the finest ingredients for the most flavorful, creamy desserts. Our Cheese Sauce items also begin with the finest dairy products, carefully blended for irresistible smooth cheese flavor and texture.

Creamy, Quick and Convenient

- Ready to use – no preparation necessary.
- All usable product – no waste.
- Cheese Sauces stand up to steam table usage.
- Delicious served cold or warm.
- Try Fat-Free Puddings for great-tasting, fat-free desserts.
- Versatile enough to enhance hundreds of menu items, from gourmet recipes to casual snacks.
- Low-Fat Cheese Sauce meets schools' nutritional guidelines.

Musselman's® pudding items provide an economical ready-to-use product for schools and all-you-can-eat buffets.



▲
Cheddar
Cheese Sauce Dip

Tempting Tips

Try these easy, effortless, economical tips to get the most out of every container of Musselman's and Lucky Leaf Pudding and Cheese Sauce items.

Breakfast

- Spoon Aged Cheese Sauce over poached egg on toasted English muffin topped with grilled ham slice for an easy eggs Benedict.
- Dip prepared French toast sticks into a side dish of Banana Pudding – great for kids.
- Add mandarin orange segments and toasted sliced almonds to Rice Pudding for a quick and nourishing breakfast or snack.

Lunch/Dinner

- Stir salsa into a Cheddar Cheese Sauce macaroni and cheese recipe for Mexican-style flavor.
- Use Mild Cheddar Cheese Sauce to top Philadelphia cheese steaks and French fries.
- Use Low-Fat Cheddar Cheese Sauce in macaroni and cheese for school lunches.

Snacks

- Use Cheddar Cheese Sauce as a dip for soft pretzels, breadsticks or vegetables.
- Garnish Tapioca Pudding with a spoonful of Peach Pie Filling.
- Spoon heated Nacho Cheese Sauce over tortilla chips and top with sliced jalapeños or green onions.

Dessert

- Spread Vanilla Pudding on a pre-baked pizza crust and top with Cherry Pizza Topping. As an alternative, use a graham cracker crumb crust for the base. For individual servings, use mix to top sugar cookies.
- Layer Lemon Pudding, blueberries and fresh strawberries in Strawberry Glaze for a light-tasting parfait. Top with whipped cream.

▼
Mandarin Orange
Rice Pudding



▶
Lemon-Strawberry Parfait

Nutrition Information (Per 100 grams [3.5 oz.])

Product	Knouse Product Code	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (I.U.)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Puddings (Lucky Leaf® Brand Only)														
Banana	37002	135	5.00	0.8	<1.0	138	21	0.13	16	1.37	7	<1	48	0.05
Butterscotch	37005	155	7.00	1.1	<1.0	127	22	0.00	18	1.31	90	2	47	0.03
Chocolate	37010	156	7.00	1.1	0.0	109	22	0.60	17	1.66	80	<1	45	0.03
Lemon	37012	118	2.30	0.5	0.0	154	25	0.00	19	0.01	<1	<1	2	0.03
Rice	37015	121	2.84	0.5	<1.0	125	21	0.18	13	2.64	<2	<1	79	0.38
Tapioca	37020	142	6.09	0.9	1.0	177	21	0.04	15	1.72	4	2	63	0.10
Vanilla	37025	146	6.88	1.0	0.0	141	20	0.00	15	1.47	0	<1	54	0.04
Fat Free Chocolate	37310	79	0.19	0.1	<1.0	123	18	0.41	13	1.40	76	<1	43	0.03
Fat Free Vanilla	37325	84	0.27	0.0	0.0	149	19	0.08	14	1.43	0	<1	53	0.04
Puddings (Musselman's® Brand Only)														
Banana	37502	103	3.00	0.4	<1.0	133	19	0.00	14	0.26	17	<1	10	0.02
Butterscotch	37505	103	3.34	0.5	<1.0	188	18	0.00	13	0.29	19	<1	11	0.02
Milk Chocolate	37509	101	3.72	0.5	<1.0	150	18	0.33	12	0.54	18	<1	13	0.02
Chocolate	37510	98	3.44	0.5	<1.0	158	17	0.40	12	0.56	14	<1	11	0.12
Lemon	37512	118	2.30	0.5	0.0	154	25	0.00	19	0.01	<1	<1	2	0.03
Rice	37515	121	2.84	0.5	<1.0	125	21	0.18	13	2.64	<2	<1	79	0.38
Tapioca	37520	142	6.09	0.9	1.0	177	21	0.04	15	1.72	4	2	63	0.10
Vanilla	37525	104	3.55	0.8	<1.0	131	19	0.00	13	0.29	19	<1	11	0.02
Cheese Sauces														
Low Fat Cheddar	37049	78	2.27	0.3	<1.0	996	12	0.00	6	1.25	6	<1	95	0.11
Cheddar	37050	126	9.44	2.7	<1.0	806	11	0.00	4	3.51	5	<1	82	0.08
Mild Cheddar	37053	155	12.55	1.8	<1.0	807	10	0.10	5	1.58	13	<1	81	0.09
Aged Cheddar	37055	198	17.24	2.0	<1.0	823	10	0.00	3	3.54	4	<1	62	0.08
Nacho	37070	126	9.44	1.3	<1.0	806	10	0.00	4	1.10	5	<1	82	0.08
Low Fat Nacho	37072	78	2.23	0.3	<1.0	988	12	0.03	6	1.25	41	1	93	0.15
Mild Nacho	37074	116	8.26	1.2	<1.0	730	10	0.01	4	0.96	14	<1	80	0.08



Knouse Foods has been picking the very best apples for over 50 years. As the apple experts, we're dedicated to producing foodservice products that deliver the best in outstanding natural taste, appealing texture and consistent quality. As experts in supplying the foodservice industry, we also make sure to pack each product full of convenience, safety and economy. With the Knouse Foods family of brands, you know that you're getting products that are good for both your customers and your bottom line.

For more easy and delicious recipes, go to www.knousefoods.com.

800 Peach Glen – Idaville Road, Peach Glen, PA 17375-0001 • Phone: 717-677-8181 • Fax: 717-677-7069

