



Apple Juices, Sparkling Ciders and Vinegars



Add a taste of freshness to your menu with Musselman's® and Lucky Leaf® Sparkling Apple Ciders, Apple Juices and Vinegars. Recipes made from our Apple Juice, Apple Cider and Vinegar products give your menus exciting variety. When you pour Musselman's or Lucky Leaf Sparkling Cider as a complement to your fine food and special-occasion offerings, your sales will sparkle.

Musselman's® and Lucky Leaf® Apple Juices, Ciders and Vinegars Put Orchard-Fresh Flavor on Your Menu!

Put Some Sparkle in Your Beverage Sales

Musselman's and Lucky Leaf Sparkling Ciders are delicious 100% juice beverages that meet the challenge of providing a festive alternative to wine, beer and liquor:

- Excellent in holiday punch and alcohol-free cocktails.
- Blended from the finest apples and specially filtered for a fresh, crisp taste.
- A year-round profit booster with extra impulse appeal on special occasions.
- A perfect alternative for drivers, expectant mothers and others who abstain from alcohol.
- A portion of the profits from each purchase of Musselman's and Lucky Leaf Sparkling Ciders is donated to Mothers Against Drunk Driving (MADD).



Juice Up Your Menu

Knouse Foods' trusted Musselman's and Lucky Leaf Apple Juice, Apple Cider, Premium Apple Juice and Premium Apple Cider products are great profit items with superb taste and healthy, all-natural appeal:

- Premium Apple Juice and Premium Apple Cider are made with a special blend of apples to deliver a deliciously distinct flavor unique in the industry.
- Lightweight, shatterproof, clear, recyclable containers for all juices make serving and disposal easy.
 - Easy-open, twist-off caps for convenient storage and less spoilage.
 - Attractive package and label design for front-of-house application.
 - No-cholesterol, low-sodium, 100% fresh juice extends your options for healthy menu items.
- Use as substitutes in recipes for delicious, exciting, low-fat variations on favorites.

Apple Cider Vinegar Adds Appeal to Recipes

Musselman's and Lucky Leaf Vinegars not only offer almost limitless recipe applications, but also have uses that range from cleaning floors to prolonging the life of cut flowers:

- Prolong the life of cut flowers with 2 Tbsp. Lucky Leaf or Musselman's Distilled White Vinegar and 1 tsp. sugar to 1 qt. warm water.
- Run a cup of Musselman's or Lucky Leaf Distilled White Vinegar through the dishwasher to dissolve soap residue on the interior mechanisms. This will maximize cleaning results.



Tempting Tips

Try these easy, effortless, economical tips to get the most out of every container of Musselman's® and Lucky Leaf® Apple Ciders, Apple Juices and Vinegars.

Breakfast

- A quick and satisfying breakfast on the go: Blend banana, Apple Juice, strawberries and ice cubes for a great boost of taste and Vitamin C.
- Cook prunes in Apple Juice and a lemon slice with a dash of cinnamon. Cool and serve as a side dish.
- Warm Apple Cider and mix with Apple Butter and pancake syrup for a delicious pancake, waffle or French toast topping.



◀ Apple Cider Syrup
French Toast
Topping

Lunch/Dinner

- Make a salad dressing using Apple Cider Vinegar and Sparkling Apple Cider.
- Whisk together Apple Juice, Apple Cider Vinegar, whole grain mustard and dried thyme for a flavorful low-fat marinade.
- Cook sliced carrots, fresh or pre-cut frozen, in Apple Cider sweetened with maple syrup.



▲ Apple Salad Dressing

Snacks

- Substitute Sparkling Apple Cider for cold water when preparing JELL-O®.
- Apple Cider Spritzer: 1 part Sparkling Cider, 1 part Apple Cider, 1 part cranberry juice. Serve over ice with a twist of orange.
- Instead of cookies and milk, try spiced wafers and hot Apple Cider flavored with cinnamon sticks.

Dessert

- Make an Apple Cider float with low-fat vanilla frozen yogurt. Top with cinnamon sugar.
- Mix together Apple Cider and confectioner's sugar until smooth and use as a glaze for an Apple Sauce cake.



▼ Apple Cider-Glazed
Apple Sauce
Cake

Nutrition Information (Per 100 grams [3.5 oz.])

Product	Knouse Product Code	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (I.U.)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
Apple Juice (5.5 oz. Cans)														
Apple Juice w/Vitamin C	12020	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	50	3	0.04
Apple Juice	12021	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	<1	3	0.04
Apple Juice (46 oz. Cans)														
Apple Juice w/Vitamin C	12040	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	50	3	0.04
Apple Juice	12041	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Apple Juice (46 oz. Plastic)														
Apple Juice	12043	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	50	3	0.04
Apple Juice (32 oz. Glass)														
Apple Juice	12050	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Apple Juice (64 oz. Plastic)														
Apple Juice – Grip Bottle	12059	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Apple Juice w/Vitamin C & Calcium	12044	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	40	130	0.04
Premium Apple Juice – Grip Bottle	12072	47	0.08	0.0	0.0	12	12	<0.05	11	<0.50	<50	40	3	0.04
Apple Juice – Round Bottle	12078	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Apple Juice (128 oz. Plastic)														
Apple Juice	12069	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Apple Cider	12097	47	0.08	0.0	0.0	12	11	<0.05	10	<0.50	<50	5	3	0.04
Premium Apple Juice	12101	47	0.08	0.0	0.0	12	12	<0.05	11	<0.50	<50	40	3	0.04
Sparkling Apple Cider (750ml Glass)														
Sparkling Apple Cider	12460	51	0.02	0.0	0.0	2	13	<0.05	13	0.19	<30	<1	6	0.31
Vinegar														
Pure Apple Cider Vinegar – 32 oz.	15110	5	0.03	0.0	0.0	4	2	0.06	1	<0.05	0	0	5	0.60
Pure Apple Cider Vinegar – 128 oz.*	15123	5	0.03	0.0	0.0	4	2	0.06	1	<0.05	0	0	5	0.60
Distilled Vinegar – 128 oz.*	15523	<1	0.06	0.0	0.0	4	0	<0.05	0	<0.05	0	0	2	0.18
Red Wine Vinegar – 128 oz.*	15724	5	0.03	0.0	0.0	4	2	0.06	1	<0.05	0	0	5	0.60

* Plastic



Knouse Foods has been picking the very best apples for over 50 years. As the apple experts, we're dedicated to producing foodservice products that deliver the best in outstanding natural taste, appealing texture and consistent quality. As experts in supplying the foodservice industry, we also make sure to pack each product full of convenience, safety and economy. With the Knouse Foods family of brands, you know that you're getting products that are good for both your customers and your bottom line.

For more easy and delicious recipes, go to www.knousefoods.com.

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